



Coláiste Mhuire Co-Ed.

'CMCO NEWS'



Summer Newsletter 2023

Tel: 0504-21734

Email: colaistemhuire@tipperaryetb.ie

Web: www.cmco.ie

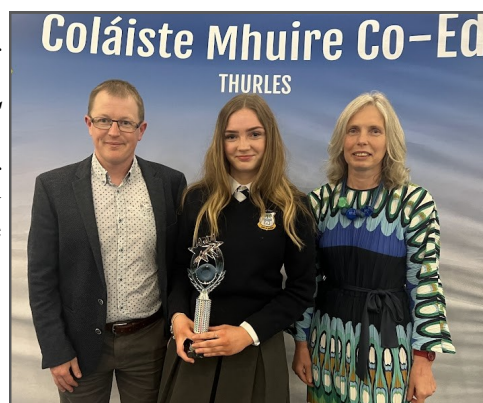
Celebrating 'Success through Effort' in CMCO



Congratulations to Leaving Certificate student Stephen Healy on being presented the **Principal's Award 2023** by Principal Denis Quinn in acknowledgement of his wonderful contribution to life in CMCO throughout his six years.

Congratulations also to 3rd year student Alesha Bourke, the 2023 CMCO recipient of the **TUS Tipperary Language Award**. Alesha is pictured with her French teacher Mr Dara Fahy and Ms Jean Forbes-Cooke (TUS Thurles).

For more news on our **Awards Night** please turn to the back page. #excellenceineducation #care #equality #respect



Midlands Boys Basketball Plate Champions

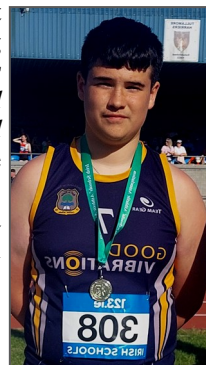


CMCO 2nd year Boys Basketball team & their coach Ms Carey

All Ireland Junior Hammer Champion

Congratulations to 1st year student **Luke Thompson** on winning **Gold** in the **Junior Boys Hammer (4kg)** at the **All-Ireland Schools Track & Field Championships** in Tullamore Harriers AC recently.

His first throw was his best with a distance of 39.78m. Also, well done to Jeffrey Myles (3rd year) who placed fourth in the All-Ireland Inter Boys Discus (1.5kg) competition.



Both students are members of Templemore AC. #cmcoathletics #rathassaothar #athleticsireland

Message from Mr Quinn, Principal

Welcome to our **Summer Newsletter!** As we enjoy the warm weather, our exam students are diligently preparing for their upcoming Junior and Leaving Certificate exams. We send them our best wishes and hope that their hard work pays off as they embark on their journey to college or enter the world of work. We understand that this is also a challenging time for their parents and guardians and we commend them for their support.

In August, we look forward to welcoming 120 first year students, marking the largest enrolment in the history of our school. We are pleased to announce that their induction programme has been successfully completed, thanks to the efforts of all involved. This year has been a fast flowing, energetic and fulfilling time for our students, both academically and in extracurricular activities. We have included photos and details of their accomplishments in this newsletter. We would like to thank our hardworking staff, Parents Association and Board of Management for their support, visionary leadership and dedication. We wish our school community a happy and peaceful summer. Enjoy the sunshine and take time to relax!

'Rath as Saothar- Success through Effort'

Denis Quinn, Principal



Facebook: Colaiste Mhuire Co-Ed

Twitter: @colmhuirecoed

Instagram: colaistemhuirethurles



Class of 2023

CMCO staff, students and whole school community wish our Class of 2023 good health, happiness and the very best of luck in whatever paths you pursue after the Leaving Cert Established & Leaving Cert Applied Exams. **#bestwishes**



BD STEM Stars Competition

Well done to 2nd year Coding students Mikus Sturmanis, Luca Ryan and Dilans Rutins who proudly represented CMCO at the BD STEM Stars Final in Limerick recently. The boys were magnificent presenting their *'easyeyes'* project and app to the judges. A very special thank you to their Computer Science teacher Mr Paraic Russell for his guidance and support. **#excellenceineducation #innovation**



CMCO School Choir News

Congratulations to our school choir who competed at the *AIMS Choral Festival* on May 19th in New Ross. They secured a joint third place in the Senior Chorus Competition singing *'Oceans (where feet may fail)'* led by Kate Kennedy (2nd year) and *'Waving through a Window'* from the popular modern musical Dear Evan Hansen with Keelan Fahey (6th year) taking the opening solo and was later joined by Jamie Ryan (3rd year) and Ben Nolan (5th year) along with the choir. The senior choir secured 4th place in the Cameo competition with the song *'Welcome to the Rock'* from the musical Come from Away. In early March, our wonderful choir also performed at the *Tipperary ETB Schools' Talent Show* in The Dome. Special acknowledgement to Ms Wallace, Ms Lowth and Ms Geaney for all the after-school practice throughout the year. **#proud**



Science Foundation Ireland Workshop

TY students had a fun workshop with Trinity College's Chemistry Education team, analysing a smartphone battery prototype to find out if it had been tampered with by the researchers at a laboratory...some interesting conclusions were drawn! **#STEM #excellenceineducation #rathassaothar**



School Self Evaluation/ DEIS

We thank all for their support this year and invite you to read our latest report at -

<https://www.cmco.ie/information/deis-school-self-evaluation/>

School Business Partnership

Well done to our 2nd year Business students who were presented with certificates for their active engagement with the *Student Business Partnership* and *H&MV Engineering*. During the year, students went on a site visit and had information sessions on sustainability and communications, thus also receiving valuable information on the world of work. CMCO was delighted to welcome Linda Hall of Business in the Community Ireland and Tara Toney of H&MV Engineering to the celebration event.

#community #excellenceineducation





Deputy Principal's Address

Dear Students, Parents and Staff

As we approach the summer holidays, I would like to take a moment to reflect on the accomplishments and growth we have witnessed throughout this academic year. Our students have demonstrated their dedication, resilience and unwavering spirit, as they live our ethos every day, making us incredibly proud.

To our exam students, as you prepare to embark on your state examinations, know that we believe in your abilities and have every confidence in your success. Remember, the journey is just as important as the destination, and we are here to support you every step of the way. As we bid farewell to our 6th year students, we want you to know how much you will be missed. You have contributed so much to our school community, and we are grateful for the memories we have shared. We wish you all the best as you venture into the next chapter of your lives. Please remember that our doors are always open and you will forever be a part of our school family.

Our school is built on the foundation of equal opportunities for all students. We value diversity, inclusion and the belief that every individual can achieve greatness. We strive to create an environment where everyone feels supported, respected and valued. I would especially like to thank our DEIS team for all their hard work this year. The initiatives around Exam Keywords, Read Write Try and Target Grades (to name but a few) are making real differences to students and supporting the drive towards academic excellence.

I would like to extend my heartfelt thanks to all the parents who participated in our wellbeing and ethos surveys. Your feedback is invaluable, and it helps us shape our school's policies and practices to improve our school community. Our ethos school improvement plan is on our website - www.cmco.ie

This year, we made significant strides in integrating technology into our classrooms by introducing Chromebooks to our first-year students. Coupled with the Screencastify Lighthouse project and the PDST D-portfolio initiative, we are enhancing the learning experience and preparing our students for the digital age. Thank you to the digital team. I would also like to express my gratitude to our student council and parents association for their support, especially in policy development. Your input and involvement are instrumental in shaping the future of our school.

Looking ahead, we eagerly anticipate the arrival of our biggest cohort of first year students in August. We are excited to welcome them into our school community and appreciate all the positive feedback current parents have given our new parents.

As we embrace the summer break, stay safe and well, and remember that our website provides useful support numbers should you need them. Thank you for your continuous support and I wish you all a fantastic summer.

Le gach dhea ghui

Clare Wallace, Deputy Principal



SciFest Success

Well done to 1st year student Jamie Blake who won a highly commended award at **SciFest** in TUS Thurles. Jamie created an app called **Waste Watchers** to tackle the issue of Food

Waste. CMCO is immensely proud of Jamie on his hard work over the last few months. Well done also to Ms Carr who worked diligently in mentoring Jamie with his project.

#successthrougheffort #excellenceineducation

Spraoi 23 Comórtas na Seanfhocail

Comhghairdeas le beirt dalta sa chéad bhliain a bhuaigh comórtas na seanfhocail mar chuid de Spraoi 23. Seo comórtas atá urraithe ag Bord Oideachais Oiliúna na hÉireann ETBI le cúpla bliain anuas. Comhghairdeas le **Liam De Breit** agus le **Eoin Ó Diúilli** rang 1C as a guird oibre. Cuiread duais 250 euro ar aghaidh chuig na scoileanna. Maith sibh a bhuachaillí agus beidh ceiliúradh againn amach anseo.

#rathassaothar



Dillon Quirke Foundation Fundraiser



Main photo shows CMCO students from the parishes of Clonoulty and Rossmore presenting a cheque for €550 to Adam Fryday of the **Dillon Quirke Foundation**. Funds were raised by opening the school car park during the Tipperary vs Kilkenny fundraising hurling match and serving complimentary tea, coffee and sweet treats to all who were supporting this very worthy foundation that aims to raise awareness about Sudden Adult Death Syndrome (SADS) and save lives by screening every GAA player both male and female from the age of 12 upwards. Many thanks to our



Parents Association members who organised the car parking, and to the students from Clonoulty/Rossmore and teachers who helped out on the day. 'Ní Neart go Cur Le Chéile' - 'Together We Stand' #care #community #kindness #respect



LCA Tasks
Throughout the term, the CMCO 5th and 6th Leaving Cert Applied students were very busy with task project work and intensive interview preparations.

Photos below paint a picture of some of the excellent work produced by 6LCA students for their **Practical Achievement** task with Ms

Conroy and Ms Mary C Ryan, and by 5LCA students for their **General Education and Graphics and Construction** tasks with Ms Cahill and Mr Spillane respectively.



TY GAA Future Leaders organise hurling blitz for Gaelscoil Bhríde



Well done to CMCO GAA Future Leader TY students on organising and refereeing an indoor hurling blitz for Gaelscoil Bhríde 1st and 2nd class pupils in the Dome recently. Thanks to Denis O'Mahoney from Tipperary GAA for supporting the TYs with both the training and organisation of the event. #community

TY Graduation



Congrats to our TY students on a fantastic year! The graduation ceremony on May 23rd was a joyful celebration of their achievements. Highlights were shared by students of the year Sarah and Rieke (pictured above), a year in review video was enjoyed and the TY music class delivered wonderful performances. Certificates were presented to commemorate their accomplishments. #excellenceineducation #TY2023

Green Schools News

Congrats to the members of the CMCO Green Schools committee for their exceptional efforts in fostering positive changes within our school community this year. Several new initiatives were implemented to promote sustainability and global citizenship this term and these initiatives encompassed recycling plastic and paper, advocating for the use of 2GoCup reusable cups, establishing a metre of meadow, planting trees from Home Tree, participating in a workshop on global citizenship and sustainability at the Rediscovery Centre in Dublin and attending the National Student Conference online. Follow @green_cmco on Twitter for all the news!



CMCO Young Social Innovators

Well done to our fantastic TY students who participated in the **Young Social Innovators #SpeakOut2023** event in Mary Immaculate College in March. They had the opportunity to speak about their own project on Period Poverty while also listening to other students from around Munster discussing their innovative ideas to tackle other social issues. #youthvoice #youthaction





Athletics

CMCO athletes competed valiantly and excelled in various championships with wins in the County, East Munster, Munster, All-Ireland Schools Track & Field and Munster Athletics Indoor games. Special thanks to coach Mr Kinane for his invaluable contribution.

Photos show 3rd year student Jeffrey Myles who placed 4th in the All-Ireland Schools Intermediate Discus event in June & CMCO Junior athletes who competed in the County Schools Track & Field Championships winning a collective of eight medals in different events.



Basketball

Photos show the CMCO 1st year boys basketball team at their first outing against Dunamase College this year & James Woodlock, the captain of the 2nd year Boys Basketball team, proudly accepting the winning trophy for their triumphant victory in the Midlands Plate Final against Templemichael College, Longford.

Sincere gratitude to basketball coach Ms Carey for her invaluable guidance and support throughout the year.



CMCO girls sports team members enjoying an active day out in Cashel completing the High Kings Loop with coaches Ms Cunneen and Ms Carey

Hurling & Gaelic Football



Junior Hurlers - Fethard Cup winners

Soccer



u14 Soccer team who competed in the South East Cup



u15 Gaelic Football Team

Rugby News

CMCO's u14 Rugby team had an action-packed February, participating in a rugby blitz against Abbey Tipperary, Cashel CS, CBS Thurles and Waterpark College at Fethard Town Park. The excitement continued in March as the team and coaches showcased their talent at the emerging schools finals in Thomond Stadium. Impressive victories over Scoil Pól Kilfinane and Salesian Secondary College Pallaskenry earned them a spot in the semi-final against Villiers School. A big thank you to Munster Rugby for their support throughout the season. #CMCORugby #welldone





2nd Year School Tour to Manchester



TY & 5th Year School Tour to Germany



Tour Time in CMCO

School tour time is always an exciting and eagerly anticipated period in CMCO, a time when our students embark on adventures, explore new places and create lasting memories with their classmates and teachers. All year groups enjoyed at least one school tour this year - 1st years enjoyed a visit to **Bay Sports in Athlone**, a tour to **Manchester** for 2nd years, a trip to **Ballyhass Adventure Centre** for 3rd years, a **Rhineland International Tour** and many other day trips for our TYs, a visit to **Emerald Park** for 5th years and our 6th years enjoyed an end of school trip to **Kilkenny**. Many thanks to the tour organisers and the staff who accompanied our students on their trips and tours...as the saying goes teamwork makes the dream work! **#makingmemories**

CMCO Chess Community is growing

More new members were warmly welcomed to our Chess club this term. It's a fantastic way to make new friends, plus improving concentration and strategic thinking.



BTYSTE Science for Development event

In March, TY students Rebecca Jordan and Sarah Ryan were invited by Irish Aid, the Department of Foreign Affairs and Self Help Africa to showcase their **BTYSTE project** on Period Poverty at the Science for Development Award event in Iveagh House, Dublin. The girls spoke with Minister Sean Fleming and co-founder of BT Young Scientist Dr Tony Scott about how the stigma



around periods and period poverty affects people in both developed and developing countries. **#proud #welldone**

ETB Ethos Day Quiz

Congrats to **Ethos Day Quiz** winners Kyle, Nathan, Rory and Michael pictured receiving their prizes from Tipperary ETB Director of Schools Ms Clodagh Kelly.

#etbethos #multidenominational #coeducational



CMCO Racing compete in F1 in Schools 2023



We extend our congratulations to the **CMCO Racing** team members, Darragh O'Grady, Bill Aherne, Nathan Killane and Amy Ryan for their outstanding representation of CMCO at the **F1 in Schools National Finals** for the second year in a row. Your remarkable achievements in this prestigious STEM event have made CMCO exceptionally proud. Well done!



Student Enterprise Success

Congratulations to our students who won awards in all three categories at the recent *Tipperary Student Enterprise County Final* in TUS Thurles. In the Junior category, our Shoe Shop team (1st years Joey Doyle, Max Doyle and Paddy Ely) won the overall 3rd prize. In the Intermediate category, Ronan O'Grady and Oisín Joyce (2nd year students) won overall 2nd prize for their customised wooden maps. TY student Jack Ryan won the best Social Media award for his business in the Senior category. He used SumUp as an online payment method in conjunction with Instagram as a means of promotion. All our students received a €50 all for one voucher and a trophy. Well done to all our budding entrepreneurs on their outstanding achievement of winning in all categories and to Ms Bergin who worked tirelessly mentoring and guiding all participants. *#successthrougheffort*



Kildalton Agricultural College visits

In March, LCA students and Leaving Cert Agricultural Science students enjoyed a very informative Open Day and Agri Aware Farm Walk & Talk Day at Kildalton Agricultural College in Co Kilkenny. Students and teachers received tours of the Agriculture, Horticulture and Equine Studies facilities and gained lots of practical knowledge from the experts. *#excellenceineducation #community*



Agricultural Science students at the Agri Aware Farm Walk & Talk day



*In May, all 3rd years had the opportunity to compete in a Table Tennis tournament organised by Mr Stakelum and Mr O'Mara. Photo shows winning students Dylan Cotter (1st), Conor Carroll (2nd) and semi-finalists Jamie Fennessy and Calum Byrnes with Principal Mr Quinn and Mr Stakelum *#successthrougheffort #makingmemories**

Intergenerational Pen Pal project with Padre Pio

As part of the CMCO Pen Pal project, our TY students visited Padre Pio Nursing Home and spent an afternoon with their pen pals, engaging in conversation, playing card games and enjoying a competitive table quiz.



#community #care #kindness



Formative Assessment using Digital Portfolios

As part of the CMCO Digital Plan 2223, teachers and 1st year students engaged with the *PDST Digital Portfolio initiative on using digital portfolios for formative assessment*. The process also involved sharing CMCO experiences with other schools and equally learning from them and building a collaborative network. Thanks to lead teachers Ms Bergin and Ms Geaney, as well as TYTV, for their contribution to this video showcasing teacher and student perspectives.

Watch it here: <https://youtu.be/72a8oHed7Vg>
#excellenceineducation

LCA Careers Day

In May, CMCO hosted its first LCA Careers Day in The Dome and we were honoured to welcome a host of Business' and Education facilities from the Tipperary area (All Star Tiling, Stone Mad, Archerstown, Tipperary ETB, Templemore College, TUS, Farm Relief, Glasheen's Coaches, Kildalton College to name a few) as well as LCA students from schools in the locality. Our 3rd TY, LCA students and their parents were also invited and the CMCO award winning choir helped to provide a lovely atmosphere on this very informative day.





Awards Night 2023

On May 25th, bean an tí Ms Patricia Hickey and fear an tí Mr Peter Kinane hosted a truly unforgettable evening at TUS Thurles. This event was dedicated to recognising and celebrating the remarkable successes and achievements of our school and students in both non-sporting and sporting domains. We would like to extend a heartfelt appreciation to the teachers at Coláiste Mhuire Co-Ed whose unwavering dedication, guidance and investment of time have played a pivotal role in the accomplishments our students have attained throughout this academic year. Their commitment has resulted in successes at local, county and even national levels in various areas. Furthermore, we want to express our special gratitude to Ms Purtil and her team for their exceptional efforts in organising yet another wonderful Awards Ceremony. *Comhghairdeas do chuile dhuine a bhuaigh graham ar an oíche. #excellenceineducation #care #community #equality #respect #etbethos*



Annual Awards

Principal's Award	Stephen Healy
TUS Tipperary Language	Alesha Bourke
Engineer of the Year	Nathan Killane, Aidan Wickham
Construction Studies	Tony Dwan
Wood Technology	Micheál Purcell
Gaeilge	Michael McCormack
Music	Grace Maher, Ethan Butler
Science	Niall Ryan
Spirit of LCA	Joshua Lee
Maths	Aaron McNamara, Aidan Wickham, Jamie Blake
JCSP	All 3 rd Year Students
Coding	Maria Ryan, Ewan Connors & Ian Fogarty
Ethos	Jeffrey Myles & Mairéad Doyle
Religion	Fiona Abbott & Leah Donaghy
English	Nathan Ryan
Creative Writer of the Year	Róisín Costello
Home Economics	Amelia Kowalczyk, Lily Defoe
Art	Caden Maher, Edith Kearney
Entrepreneurial Spirit	Ronan O'Grady
Sustainability	Aoife Mulcaire
Best Leaving Cert 2022	Eoin Craddock
Best LCA 2022	Jack Ryan
Best Junior Cycle 2022	Sarah Ryan



Certificates were also presented to the STEM Passport for Girls, SciFest, Gaisce, Student Enterprise, BD STEM Stars, F1 in Schools, Digital Portfolio, Poetry Aloud, Bookopoly and SORA participants.



Student of the Year Awards

1 st Year	Jamie Blake
2 nd Year	James Woodlock
3 rd Year	Alva Nuvoloni
TY	Sarah Ryan
International TY	Rieke Schweighauser
5 th Year	Pierce Briody
5 th Year LCA	Chloe Collins
6 th Year	Aidan Ryan
6 th Year LCA	Amy Fennessy & Leah Donaghy



Sports Awards

Junior Hurling	Darragh Patterson
Junior Football	Jack Reddan
Senior Hurling	James O'Dwyer
Senior Football	Seán McGrath
Junior Rugby	Shay Carroll
Ladies Soccer	Niamh Igoe
Camogie	Caoimhe Carroll
Junior Soccer	Lewie Cavanagh
Senior Soccer	Jack Delaney
Basketball Girls	Chloe Collins
Basketball Boys	James Woodlock
T & F Athlete	Luke Thompson
CC Athlete	Dylan Cotter



Members of the winning **Munster u16.5 Hurling** and **County u17 Hurling**, **u15 Hurling** and **u14 Gaelic Football** teams were presented with their medals. A beautiful 3D map of Tipperary designed and created by student entrepreneur Ronan O'Grady was presented to Fr Joe Walsh on the night.

#rathassaothar #cmcoagobair #successthrougheffort