



'CMCO NEWS'

Coláiste Mhuire Co-Ed, Thurles

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BT Young Scientist & Technology Exhibition

Congratulations to TY students Kaitlyn Ryan and Eoin Craddock who proudly represented CMCO at the BTYST Exhibition in January.



Kaitlyn's project was entitled '*Vegan vs Omnivore: Can a vegan diet benefit the environment from an Irish perspective?*'. It involved comparing weekly meal plans and investigating the subsequent food miles of each and the associated carbon footprint. Fuair Eoin ard-mholadh as a thionscnamh a rinne sé trí mheán na Gaeilge dar theideal '*Fiosrú a dhéanamh i dtréithe comparáideach ar dhá chorp aitheanta uisce i dTiobraid Árann*'. Eoin's project compared the fast flowing water of the Sandtrap on the River Clodagh (Borrisoleigh) to the still water of ice baths in helping sportspeople, including County Tipperary hurlers and footballers recover post exercise.



Photos show Kaitlyn and Eoin with their mentors Ms Katie Carr and Mr Seán Ó'Crádóg.

CMCO Entrepreneurs qualify for County Final



Over eighty businesses exhibited their innovative products at the CMCO Market Day in December and donated €400 (10% of their profits) to the Irish Cancer Society and Team Trees charities. A total of nine enterprises have qualified for the Student Enterprise County Final in LIT Tipperary on March 12th. Thank you to the judges for their time and advice - Jean Forbes Cooke (LIT Tipperary) Sue Anne O'Donnell (County Enterprise Board) and Stella Aherne (Aherne's Londis Thurles).

Photo shows our winning first year students who will compete in the Student Enterprise County Final on March 12th with judge Stella Aherne.



Planning Permission

Coláiste Mhuire Co-Ed is delighted to announce the approval of planning permission for the building of six classrooms, ASD unit, five office/tuition rooms, toilets, car parking and all associated works. We are extremely excited with this wonderful news and are looking forward to the turning of the first sod in the coming weeks.



Principal's Address

Welcome to our *Spring 2020 Newsletter*. It has been a busy and exciting year to date with so much to report on, including our musical, market day, charity fundraising, ENERGY programme, young scientists and many sporting successes. We look forward to an even busier new year. Best of luck to our exam students who are studying for their pre exams. We would like to extend a warm welcome to our new Board of Management and Parents Association members and to express our sincere gratitude to the outgoing members for their hard work and support over the years. We would like to thank our dedicated staff for their hard work, vision and support. We hope you enjoy reading our newsletter. **Denis Quinn, Principal**

La Semaine Française



C'était une semaine superbe à CMCO pour 'La Semaine Française'. Students took part in a variety of activities for French week including; a French Quiz, French Theatre (In which our own students performed!) Film studies, TY self made French movie premieres, a Staff quiz on French Culture, a Treasure Hunt, and some free Cuisine Française at lunch time, where students sampled Escargots, Paté, Brie, Port Salut, Roquefort and Baguettes among other things! Merci Beaucoup à tous for all the support. **By the French Department**



CAS Ambassador Schools' Award



In September, TY students accepted the CAS Ambassador Schools' National Award in Dublin Castle on behalf of Coláiste Mhuire Co-Ed. This is our second year receiving the award for the promotion of 'Positive Mental Health' in our school community.

Photo shows TY ENERGY Leaders Nathan Kenehan, Daniel Nolan, Kayleigh & Kaitlyn Ryan displaying the award.

Debating Competition

In November, our debating teams competed in a Debating Competition at IT Carlow for the motion '*All housing should be affordable to everyone*'. The students thoroughly enjoyed the experience and learned to analyse issues and come up with solutions. A special thank you to their teacher Ms C Dunphy.



Careers News

Sincere thanks to Chief Petty Officer Paul Brophy (past student of CMCO) who spoke candidly on his experience as a Navy Officer in the Irish Naval Service to our 5th and 6th year students.

Photo shows Jack Keogh presenting Officer Brophy with a gift to express our gratitude for taking time out to talk to our students.



Maths Week Winners

Congratulations to the winners of the Coláiste Mhuire Co-Ed Maths Week competition - Alex Bourke, James McCormack & Fred Power.



Message from CMCO Parents Association

Our school year began with celebrating the successes of the 2019 Leaving Certificate class at their 'debs' in the Anner Hotel. It was a wonderful occasion for students and parents together with teaching staff BOM and PA members. In early September, we welcomed all the new first years and their parents to CMCO. We helped with a very successful open night and our PA members assisted with advertising, parking and school tours. In October, our members assisted with a raffle and tuck shop for the school show 'Shop of Little Horrors'. Congratulations to all the students and staff involved in this highly entertaining show. We also completed a very successful bag packing weekend in Dunnes Stores in mid December. It was lovely to meet new parents and we appreciate your commitment. All *monies raised* are for the benefit of the students. Leaving Certificate students helped with the annual PA Christmas draw, a fundraising effort to allay costs for their debs in August 2020. Many thanks to the Clarke and Scally families for the kind donations of fuel for the draw. Best of luck to all students in their upcoming Pre Junior and Leaving Certificate exams. New members and new ideas are always welcome in the Parents Association and it is also a great means of getting to know other parents, especially if you are new to the school. A sincere thank you to Mr Quinn, Ms Wallace and all the staff for their continued support and encouragement. Finally, a special word of thanks and appreciation to our outgoing PA members, Joe O'Sullivan (Chairperson) and Mary T Spillane (Secretary) for their dedication and support to the school and PA. We also extend a warm welcome to our newly elected chairperson, Frank Nolan. **By Lisa McCarthy, Secretary**

**'Shop of Little Horrors' - School Musical**

Congratulations to the talented cast of this year's school musical *"Shop of Little Horrors"*. The awesome production was staged over three nights in The Dome in October and it was thoroughly enjoyed by record crowds who were treated to outstanding performances from a cohort of students. Well done to all involved and a special thank you to the production team, especially Ms H Wallace, Ms S Martin & Ms A Carey. Also, congratulations to 3rd year student Ethan Butler on receiving the *Spirit of the Musical Award* for his wonderful performance and support to others in the production of the musical.

**Geography Trip to Co Clare**

Our 6th year Leaving Cert class ventured off to the Bishops Quarter in the Burren to carry out a study of the impact of the geomorphic processes of transportation and deposition on the formation of one coastal landform. Despite some torrential downpours on our way to north Clare, on arrival at the Burren Outdoor Education Centre conditions greatly improved as the sun made an appearance to make our day a hugely enjoyable one. *By Mr S Ó'Crádóg*

**Bank of Ireland CMCO Bank**

The School Bank is run by TY students every Tuesday to enable students to open accounts and obtain their debit card. This encourages students to save and build up a good credit history, which will be beneficial when a student may require a loan in the future. Mr John Lillis, Youth Coordinator at the Bank of Ireland and Ms Bergin facilitate the running of the school bank, but the students do all the work! *By Ms M Bergin*

**Tipperary ETB Quiz Success**

Congratulations to our Senior Quiz team - Bill O'Dwyer, Kayleigh Cronin, Nathan Kenehan & Eoin Craddock who came 2nd in the annual TETB Sports & Cultural Quiz. They were tied for first place and lost out on the third tie breaker to Scoil Ruain, Killenaule. *By Ms P Hickey*

Seinn Concert

Well done to our school choir under the guidance of Ms Helen Wallace on their superb performance in Thurles Cathedral at the recent Seinn Concert.



Photo shows our Seinn soloists - James O'Donoghue, Kayleigh Cronin, Rose Shanahan & Keelan Fahey.

Well-being ENERGY Programme

In November, Coláiste Mhuire Co-Ed warmly welcomed Tipperary hurler **Jason Forde** to the launch of the 19/20 Whole School Well-being ENERGY Programme and to inaugurate the new ENERGY Leaders. Jason addressed all students in relation to building resilience and he presented the ENERGY Leaders with their badges.

Photo shows Tipperary hurler Jason Forde, the ENERGY Leaders and their teachers Ms K Carr & Ms L Byrne





Tipperary ETB Talent Show



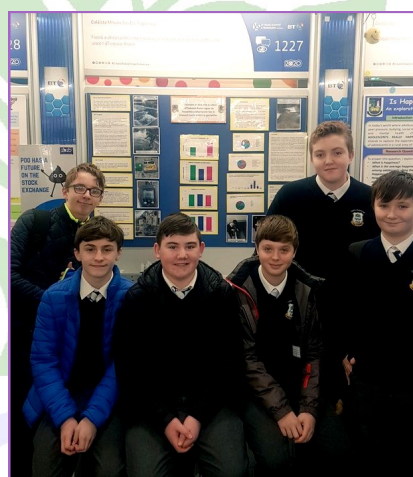
Congrats to our Junior and Senior choirs who performed in the Tipperary ETB Schools' Talent Show in The Dome recently. A superb show was enjoyed by all those in attendance that showcased the very best of music, song and dance from ETB schools around the county. A huge congratulations to Ms H Wallace for her time and diligence in developing our two choirs who are going from strength to strength! The choir are presently busy preparing for the upcoming Limerick Choral Festival which will take place on the 28th of February.

LIFT Leadership Training



TY students & CMCO staff were delighted to participate in the roll out of the LIFT training; a programme that teaches students how to mentor other students to learn about the core competencies of leadership.

Visit to the BTYST Exhibition



The visit was a very worthwhile experience for all students with plenty of Science & Technology interactive stands on show, exciting Science shows to visit and hundreds of interesting projects on display, including projects by TY students Kaitlyn & Eoin.

Photo shows 1st year students enjoying their visit to the BTYST Exhibition

JCSP News

First year students celebrated all their hard work and achievements since September with a Christmas Celebration. Students displayed samples of good work and parents were invited to view this work. The canteen provided refreshments and the school choir entertained visitors. Junior cycle students have enjoyed participating in 'Un Spectacle', a French Theatre show and in 'Anyone 4 Science' workshops recently.

The school has secured funding for a very exciting initiative which will run in conjunction with Padre Pio Nursing Home - students from 1st year will take part in a literacy and numeracy programme, where by they will visit the nursing home to play scrabble and card games with the residents. *By Ms H Wallace*

Stand Up Week

A wonderful week of support and inclusion was expressed by all at CMCO during Stand Up Week in November.



Congrats to our students & staff on raising over €400 for Tipperary Pride and a special thanks to the Stand Up Committee and staff for all their hard work.

By Ms S Martin

Visit to the Criminal Courts of Justice

Our senior business studies students enjoyed a very educational visit to the High Court with a mock trial experience, followed by a visit to the District, Circuit and High courts to see real life cases and learn from them. *By Ms M Bergin*



JCT News

Congratulations to last year's 3rd year students who received their JCPAs before Christmas and were one of eighty seven schools across the country to have Physical Education reported on as a short course subject at Junior Cycle. *By Ms E Carey*



School Market Day 2019

In December, Coláiste Mhuire Co-Ed held their annual Christmas Market Day in The Dome. The atmosphere was wonderful, the students were amazing and a record number of eighty businesses displayed their innovative products, which included a wooden rat trap, an environmental plastic recycling project, a gluten free recipe book and lots of cakes, buns, crêpes etc. The students demonstrated their entrepreneurial skills by turning their skills and passion into successful businesses. Students were also judged for the Student Enterprise Awards County Competition by Jean Forbes Cooke (LIT Tipperary), Sue Anne O'Donnell (County Enterprise Board) and Stella Aherne (Aherne's Londs Thurles). A special thank you to Sue Anne, who is a great support to staff and students throughout the school year.

The following enterprises are representing CMCO at the Tipperary Enterprise County Finals in LIT on March 12th:

Junior Category: Seasonal Bottles, Christmas Logs & Reindeer

Intermediate Category: EZ Cards, Kiely Works - Green Rat Trap, Sugar & Spice, John Dwan's Wooden Products

Senior Category: CPR Demonstrations, Precious Plastic

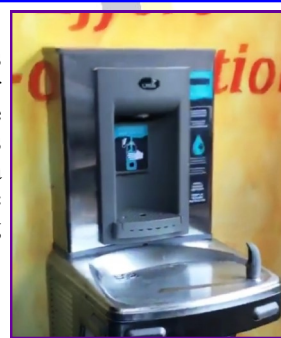
Well done to all our budding entrepreneurs and to their teachers Ms Bergin (Market Day Coordinator), Ms Molumby, Ms Dunphy, Mr Brennan, Ms Purtill & Ms Durack. Best of luck in the county final! *By Ms M Bergin*



Student Voice on World Climate Action Day

In September, on world climate action day our students proactively campaigned for the installation of a filtered water fountain. The students seek to eliminate the use of single use plastic in our school. And a few weeks later, our students witnessed the installation of the fountain, thus helping to build a more sustainable future by reducing the use of single use plastic bottles. Our Global Sustainability committee are busy preparing for an Awareness Week in February.

Photo shows TY students handing over a petition to Principal Mr Quinn requesting investment in a water fountain



Career Guidance News

In September, Leaving Certificate students travelled to the **Higher Options Conference** in the RDS and were afforded a valuable opportunity to speak to representatives from all the colleges and universities in Ireland and in the UK. TY students attended the **School Summit** in Dublin and were able to explore the different pathways available to further their education. A vast array of events were organised for students during **College Awareness Week** in November and these included guidance talks, information sessions and college visits.

Damian Walshe, Senior Training Advisor at Tipperary ETB and John Power, Marketing & Outreach Officer at WIT spoke to the 6th year parents and students on further progression routes. Ann MacBride from LIT discussed the wide variety of courses on offer with senior students and 5th year students enjoyed a very informative visit to WIT.

By Ms L Byrne & Ms P Hickey

Turning Teen Girls towards Tech

Ms Bergin has initiated our involvement with **TeenTurn** by running an afterschool program on Thursdays for female students.

Teen-Turn aims to provide teen girls the opportunity to gain hands-on technology experience so that they can visualise themselves in those kinds of careers and therefore make third level course choices accordingly. Through after school activities, work placements, alumnae networking and career development programming, Teen-turn supports girls from Junior Cert to Job. We are in the market research stage of the projects and the students are currently working on the development stage of the app.



Girls Soccer

Photo shows the CMCO Junior girls soccer team who have enjoyed many competitive matches in the Shannonside League this term. Many thanks to their coaches Ms C Dunphy & Mr P Byrnes.



Transition Year News

TYs have enjoyed an extremely busy first term full of many new activities, competitions, workshops and exciting trips. Some of the activities that the students have engaged in and enjoyed include: BT Young Scientist & Technology competition, School Musical 'Shop of Little Horrors', Hope Christmas Shoebox appeal, Student Enterprise Programme, Health & Fitness Wellbeing workshops, Bank of Ireland Build a Bank, Community Care in Padre Pio Nursing Home, Gym/Swim sessions, French Film-Making competition, School Choir competitions, Chinese and Japanese classes. Trips included a team-building trip to Delphi Adventure Centre, a visit to the National Ploughing Championships and the School Summit conference in Dublin. Students have completed a one day *Team Building & Leadership Training* run by Develop Me and are currently completing a six week *Healthy Relationships Programme* run by Ascend Domestic Abuse Service in Thurles. This term, the TYs are looking forward to organising awareness events during Green Schools Week, completing the Gaisce Adventure Journey in the Burren, the CPR 4 Schools course, the coaching and refereeing modules of the GAA Future Leaders Programme, the trip to Manchester United F.C, working on a Creative Engagement project, and many more exciting activities, trips and workshops. *By Ms A Conroy*



Digital Champions

Our Digital Champion team travelled to the Thomond Park Conference Centre on Thursday 12th December. They attended a training event on App Inventor, Web Design, Video Editing and Infographics. The students had a great experience and look forward to putting what they learned into practice over the coming months with their project, which is based around bringing awareness to our school community in the area of single use plastics and how they are impacting on our environment. *By Ms M Ryan*

Photos show our Digital Champions - Bill Aherne, Kyle Fennessy, Kaitlyn Ryan & Kayleigh Cronin



LCA News

In September, the 6LCA class enjoyed a game of Foot Golf in Cashel to celebrate their fantastic results for Session 2. Their achievement of exceptional credits in Key Assignments and Task Interviews was acknowledged by Mr Quinn at a Certificate Ceremony. The 5LCA class enjoyed a visit to the Schools Summit Conference in Dublin. Both classes displayed their entrepreneurial skills at the annual Christmas Market Day in December. Every week, the students are engaged in Work Experience which helps provide a valuable insight into the world of work. *By Ms A Conroy*



**Senior Soccer**

The senior soccer team bowed out of the Munster Senior Challenge Cup after a 2-0 defeat to Cashel Community School. Best for Coláiste Mhuire Co-Ed were Caylum Gooney and Seán Ryan in midfield, while at the back Padraic Gleeson excelled. This is our first year competing in the A division and we defeated Nenagh CBS earlier this school year. The players deserve great credit for their hard work and effort this year, as they showed improvement in every game. Congrats to all the CMCO Soccer

Teams (U15, U17 & U19) & their coaches (Mr Fahy, Mr Spillane & Mr Butler) on their triumphs to date. *By Mr D Fahy*

First Year Hurling

The first year boys hurling team under Mr O'Meara & Mr Gleeson played the group stages of the County Competition in Dr Morris Park in September. The team played superbly defeating Carrick CBS and Nenagh CBS to top their group and progress to the Cup Competition finals.

Girls Badminton

Congrats to our U14 & U19 Girls' Badminton teams on their superb performances recently at the Schools County Badminton competitions in Scoil Ruain, Killenaule. Well done to all involved and to their coach Mr Byrnes.

Basketball

CMCO boys and girls basketball teams have competed in various competitions this semester and have enjoyed many successes. Many thanks to their basketball coaches Ms E Carey, Mr O'Meara & Mr Quinn.



Congrats to CMCO teacher and rugby coach Mr James Ryan & the Kilfeacle RFC team on winning the All Ireland Junior Cup recently.

Congrats also to Mr Paddy Stapleton & Borris-leigh GAA on winning the County & Munster Senior Club Hurling Finals and on reaching the All-Ireland Final.

**Gaelic Football**

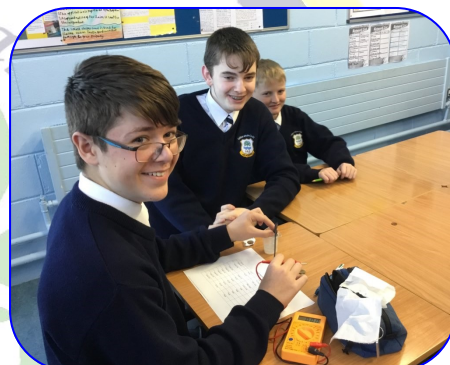
CC, Waterford and Killarney CC, while our U15 football team competed in the Corn Mhic Conmara and enjoyed success against Coláiste Craoibhín, Fermoy. Many thanks to their coaches Mr O'Crádóg, Mr Butler & Mr Quinn.

Photo shows our U16.5 Gaelic Football team who played out a tough competitive match against last years Munster finalists, Kilrush Community School in the Corn Seosamh Uí Néill competition recently. Both sides delivered committed performances throughout the match, but ultimately a couple of well worked goals put daylight between the teams to see Kilrush progress to the next round. Our U19 footballers enjoyed comprehensive victories against St Paul's



Science Week 2019

Students participated in various organised STEM events during Science Week, including workshops presented by Anyone 4 Science, where Junior Cycle students enjoyed being bioengineers, pharmacologists, forensic scientists and electricians for a few hours. Four TY students and their teacher Ms O Ryan attended an event in MIC, St. Patrick's College to mark a Tree Planting initiative supported by Coillte. The students were delighted to receive a gift of fifty native tree saplings for the school. All TY students took part in the annual Science Week Table Quiz. Our first year students thoroughly enjoyed the **'Cracking the Code: The Genetics of Superheroes'** presentation by biologist Mr Simon Watt in Thurles Library. The show was fun, engaging and very informative and a special thank you to Mr John O'Gorman of Thurles Library for the kind invitation.



Business Studies visit to Butlers

CMCO 2nd & 3rd year business students enjoyed an educational visit to Butlers Chocolate Factory which relates to the new junior cycle business course. They received a factory tour explaining the different production lines and took part in a workshop, where they decorated and packaged a chocolate Santa!

By Ms M Bergin



County Cross Country

Well done to our cross country runners that proudly represented Coláiste Mhuire Co-Ed in the recent County Schools Championships. In the Minor Boys section, a mere one point denied us the gold medal as team members Adam Mulcahy, Danny Ryan, Ronan Carr & Séamus Kennedy finished in an impressive second place. The Junior Boys team - Patrick Kennedy, Cormac Kiely, Audie Lohan & Luke Molumby finished in the bronze position. Well done also to their coach Ms E Carey.



Photo shows CMCO students & residents of Padre Pio Nursing Home Carol Singing in Lidl Thurles in December. All monies collected were donated to the Order of Malta, Thurles.

Important Dates

February 11th

2nd & 5th P/T Meeting

February 17th - February 21st

Mid-term break

March 9th

Extra 3rd & 6th Years P/T Meeting

March 16th & 17th

School closed

April 6th - April 17th

Easter Holidays

May 4th

May Bank Holiday

May 29th

Last Day of School Year

June 3rd

State Exams begin

Le Chéile Leaders



CMCO Le Chéile leaders enjoyed a fantastic trip to West Kerry as part of the mentoring programme. Le Chéile is a buddy system for 1st year students. [#wellbeing](#) [#cmcoagobair](#)