



# Coláiste Mhuire Co-Ed, Thurles

Further Education Prospectus

Post Leaving Certificate Courses

### Welcome to Colaiste Mhuire Co-Ed

**Coláiste Mhuire Co-Ed** is a foundation stone in the education of the wider Thurles community. Situated on a modern campus, with state-of-the art facilities and a custom built sports arena, we have a proud tradition of providing educational courses to progressively minded students.

The College has been extensively refurbished and modernised, as well as being re-equipped with excellent teaching and learning resources. CMCO encourages and assists our students in reaching the highest standards possible, within an environment that is instructive, supportive and welcoming.



# Coláiste Mhuire Co-Ed Post Leaving Certificate Courses

# Further Education & Training Awards Council (QQI)

QQI validates and certifies Further Education Programmes. It sets and maintains standards in Further Education Courses. All PLC courses in Coláiste Mhuire Co-Ed are certified by QQI at Level 5 or 6. QQI awards quarantee learners more options, greater flexibility, high standards of quality, increased access and a ladder of progression into further Third Level Studies. Currently there are over 2,000 University & Institutes of Technology places reserved for holders of QQI Level 5 Awards.

### **Entry Requirements**

- Leaving Certificate with passes in at least five subjects
- Leaving Certificate Applied with a minimum of 120 credits
- QQI Certification at Level 4

Applicants over 21 years who
may have not completed the
Senior Cycle, but are
deemed to have the
necessary competence and
capacity to undertake the
programme may also apply.
Applicants with special
needs are catered for,
however, they must inform
the college on application.
We are committed to
promoting equality of
opportunity for all students.

### General Information

There are no formal tuition fees for Irish and EU Nationals who are full time students on our courses. Courses are funded by the European Social Fund.

An administration fee is required to cover student services. Students are also required to pay examination fees.

### Work Experience

Courses are designed to meet current employment market

needs by providing job orientated training and education. Coláiste Mhuire Co-Ed has built extensive links with many businesses in the locality and further afield through their work experience programme. Students complete a block release period of work experience during the year with many students finding employment locally as a result of their work experience.

### Higher Education Link Scheme

Progression to Universities and other Colleges from QQI programmes delivered here at Coláiste Mhuire Co-Ed is possible through the Higher Education Links Scheme (HELS). This Scheme provides access to Level 5 and some Level 6 Advanced Certificates to a number of reserved places on higher education programmes through the CAO (Central Applications Office). WIT provides a number of reserved places for all QQI Programmes in

Coláiste Mhuire Co-Ed conditions apply. Learners successfully completing QQI/FETAC Certificate Level 5 with CMCO will be offered entry to WIT programmes based on this collaboration agreement. Learners who achieve a major award at level 5, and apply through CAO for a programme of study at WIT, are guaranteed access to any Level 6 or Level 7 programme. Learners who complete Advanced Certification Level 6 with CMCO may apply for advanced entry straight into second year for linked programmes. This is a Pilot scheme and will be reviewed annually. The skills acquired while pursuing our courses provide an excellent foundation for third level independent learning, research, multimedia presentations, communications and I.T Skills etc. All of these are invaluable for any prospective Third Level student.

### **Application**

Application Forms are available to download from

www.cmco.ie. Courses are offered subject to demand. Places on oversubscribed courses may be determined by interview. For students with additional learning needs, see our website for information regarding extra supports available.

Garda Vetting is needed to meet college requirements.

### **Guidance Counselling**

Career Guidance Counselling is available throughout the year to help students focus on the concerns they may face during the course.

# Interview Preparation

All students participate in career investigations and an interview-preparation programme, helping them to present themselves in the most professional manner in an interview.

#### **Facilities**

- 5 IT Labs, Internal Wireless Network, Digital Scanners, Digital Multimedia Recording Systems, Audio and Video equipment, Designated CAD (Computer Aided Design) Room, Networked projectors etc
- Broadband Internet Access
- Full Canteen facilities
- College Sports Arena & Gym
- 2 Modern Science Laboratories
- Study Hub

#### Grants

Students attending our fulltime PLC courses are eligible to apply for government grants. Grants range depending on individual circumstances.

For further information on grants please contact the college or S.U.S.I.

### Qualification

QQI Level 5 QQI Level 6

### Links to Nursing Courses

Learners are eligible for consideration for entry to Nursing programmes when they achieve the QQI Level 5 Award DCHSN/5M4349 (Nursing Studies), DCHSX/5M4468 (Communitu and Health Services) or DHSXX/5M4339 (Health Care Support) and obtain a Distinction in 5 modules in the QQI Level 5 programme, which must include a Distinction in D20001/5N0749 (Anatomy and Physiology), D20012/5N4325 (Nursing Theory & Practice) and D20032/5N0749 (Human Growth and Development of or D20006/5N2746 (Biologu). A quota of reserved places are allocated to applicants presenting with QQI qualifications. Places are allocated on a competitive basis. The best eight modules, at a single sitting, are considered for scoring purposes.

### **Nursing Studies**

➤ Level 5 in National Qualifications Framework

#### **QQI Code: 5M4349**

#### Duration

One year full time

### **Objectives**

- To enable students to find employment in related areas for example Nurses Aid.
- To facilitate progression to Third Level, particularly to gain entry to Nursing Degree courses.

### **Entry Requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

#### **Course Content**

Anatomy & Physiology

Nursing Theory and Practice

Safety & Health at Work

Human Growth & Development

Child Development

Occupational First Aid

Work Experience

Communications

Care Support

Care of Older Person

Infection, Prevention and Control

Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification

QQI Level 5 Certificate in Nursing Studies

### **Career / Academic Progression**

Holders of this Award are eligible to apply, through the CAO to Universities and Institutes of Technology for entry to the first year of Nursing Degree Programmes (through the QQI Higher Education Links Scheme). Please check with the individual Admissions Offices of any institution you are interested in attending.









Holders of this Award are eligible to apply through UCAS, for UK universities offering the Nursing Degree programmes.

Award holders are qualified to work as healthcare assistants in a variety of health and community settings.

### Waterford Institute of Technology

There are reserved places for CMCO students in:

WD018 BA in Applied Social Studies in Social Care.

WD149 BA (H) in Early Childhood Studies.

WD187 BA (H) in Social Science.

WD192 BA (H) in Social Care Practice.

WD200 Bachelor of Arts (H)

WD124 BA (H) in Health Promotion.

WD188 BSc in Applied Health Care.

# Possible Employment Opportunities

Nurses Aid in nursing home Centres for independent living Care Attendent

Cabin Crew



### **Pre University Science**

➤ Level 5 in National Qualifications Framework

### **QQI Code: CASLT**

#### Duration

One year full time

### **Objectives**

- To enable students find employment in modern Laboratories.
- To facilitate progression to Third Level. Students find this course invaluable as a preparation for College.

### **Entry Requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

#### **Course Content**

Laboratory Techniques

Biology

**Physics** 

Chemistry

Mathematics

Health & Safety at Work

Spreadsheet Methods

**Customer Service** 

Communications

Work Experience

Word Processing

Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification

QQI Level 5 Certificate in Laboratory Techniques





# Career / Academic Progression

The Higher Education Links Scheme facilitates progression at Higher Certificate, Ordinary and Honours Degree Level in a wide range of courses. Using the Pilot Scheme, progression is possible to 35 Third Level Institutes in Ireland. Contact Third Level Colleges for specific requirements.



### Some of the Links to Third Level Courses

B.Sc. in Pharmaceutical -Forensic Analysis (Level 7) L.I.T.

B.Sc. - Computer Science

(Level 8) U.C.C.

B.Sc. - Pharmaceutical

Science (Level 8)

(Level 6) W.I.T.

# Possible Employment Opportunities

Pharmaceutical Industry

### **Health Care Support**

➤ Level 5 in National Qualifications Framework

### QQI Code: 5M4339

#### **Duration**

One year full time

### **Objectives**

- To enable students to find employment in the area of community and health services
- To enable students to pursue Third Level education in the area of community and health services

### **Entry Requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

### **Course Content**

Care Skills

Care Support

Safety and Health at Work

Communications

Work experience

Human Growth and Development

Care Provision and Practice

Nursing Theory and Practice

Care of the Older Person

Occupational First Aid

Infection, Prevention and

Control

Modules may change due to QQI course requirements. Courses offered subject to demand.









### Qualification/ Certification

QQI Level 5 Certificate in Health Care Support

### Career / Academic Progression

Learners who successfully complete the Healthcare Support Level 5 Major Award will have many professional and academic opportunities available to them. Professional routes include working in General Hospitals, Nursing Homes and Home Help Support Staff. Graduates from the course may progress to a range of third level courses available on the Higher Education Links Scheme.

# Waterford Institute of Technology

There are reserved places for CMCO students in:

WD018 BA in Applied Social Studies in Social Care.

WD149 BA (H) in Early Childhood Studies.

WD187 BA (H) in Social Science.

WD192 BA (H) in Social Care Practice.

WD200 Bachelor of Arts (H)

WD124 BA (H) in Health Promotion.

WD188 BSc in Applied Health Care.

### Possible Employment Opportunities

Health Service Executive
Care Attendent
Cabin Crew

# Early Childhood Care and Education/Classroom Assistant

> Level 5 in National Qualifications Framework

### QQI Code: 5M2009

#### Duration

One year full time

### **Objectives**

- To enable students to find employment in the rapidly expanding Childcare Sector, for example as a Special Needs or Classroom Assistant
- To provide the necessary expertise and qualifications for candidates who wish to set up their own childcare facilities
- To facilitate progression to Third Level

### **Entry Requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

#### Course Content

Child Development

Early Care and Education Practice

Early Childhood Education and Plau

Child Health and Well Being

Work Experience

Communications

Approaches to Early

Childhood Education

Children with Additional Needs

#### Legal Practice and Procedures

Modules may change due to QQI course requirements. Courses offered subject to demand.

Students gain childcare experience locally two mornings per week, as well as during a two-week block







release.

### Qualification/ Certification

QQI Level 5 Certificate in Childcare and Education

## Career / Academic Progression

Award holders are qualified to work in a variety of settings including Crèches, Special Needs Assistant, Nurseries and Montessori Playgroups.
Holders may progress to QQI Level 6, Advanced Certificate in Supervision in Childcare course in Colaiste Mhuire Co – Ed.

Institutes of Technology and other Colleges around the country will be offering opportunities for further studies. Please check with the individual Admissions Offices of any institution you are interested in attending.

# Waterford Institute of Technology

There are reserved places for CMCO students in:

WD018 BA in Applied Social Studies in Social Care.

WD149 BA (H) in Early Childhood Studies.

WD187 BA (H) in Social Science.

WD192 BA (H) in Social Care Practice.

WD200 Bachelor of Arts (H)

WD124 BA (H) in Health Promotion.

WD188 BSc in Applied Health Care.

# Possible Employment Opportunities

Pre-school Centres Day-care Nurseries Créches Au-pairs



### **Animal Care**

➤ Level 5 in National Qualifications Framework

### QQI Code: 5M2768

#### **Duration of course**

One year full time

### **Objectives**

 To enable students find employment in the rapidly expanding Animal care environment.

### **Entry Requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

#### **Course Content**

Animal Anatomy and Physiology

Animal Welfare

Communications

Work Experience

Customer Service

Biology

Start your Own Business

Safety and Health at Work

Animal Grooming

Word Processing

Spreadsheet Methods

Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification/ Certification

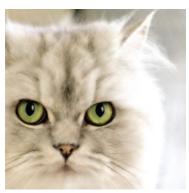
QQI Level 5 Certificate in Animak Care





### Career / Academic Progression

This course is designed to equip the learner with the skills and knowledge to work in a variety of areas within the Animal Care Sector or to progress to Higher Education through the Higher Education Links Scheme. Learners study core areas of Animal Care and are enabled to put theory into practice through the use of a fully equipped animal room and their participation in work experience. This course is delivered by specialists who are currently practising within the profession. Regular field trips and the handling of a wide variety of animals are key features of this course. There are a range of career paths possible. Graduates may seek employment in Veterinary Clinics, Grooming Parlours, Pet Shops, Kennels, Catteries, Animal Welfare Organisations,







Argicultural, Science Industries, Farms including Petting Farms, Falconry Centres, Zoos, Wildlife Parks and Aquariums, both in Ireland and abroad.

### Some of the Links to Third Level Courses

Graduates of this course are eligible to apply through the CAO and/or the Higher Education Links Scheme for entry to year one of a range of higher certificate and degree programmes at Institutes of Technology and Universities.

### **Art** Portfolio Course

➤ Level 5 in National Qualifications Framework

### **QQI Code: 5M1985**

#### Duration

One year full time

This Course is Designed to

- Provide fundamental knowledge and understanding of art and design processes
- Develop transferable skills of visual communication and self expression
- Identify unique personal abilities and strengths in art and design
- Enable the preparation of a portfolio of artwork to gain entry to third level courses.

### **Entry Requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

#### Course Content

Drawing

Painting

Sculpture

Communications

Work Experience

Appreciation of Art, Craft

and Design

Printmaking

Design Skills

Colour & Light

Ceramics

Modules may change due to QQI course requirements. Courses offered subject to demand.

Students visit Art Galleries, Art Colleges and go on field trips at home and abroad to experience





the outside artistic environment.

### Qualification/ Certification

QQI Level 5 Certificate in Art

### Career / Academic **Progression**

This is a general foundation in art and design and the focus of this course is the development of your ability, skills and creativity. With a strong emphasis on drawing you will develop visual awareness and analytical thinking. You will come to understand how art and design practice has developed and its position within today's society, culture and creative economy. The course structure is specificallu designed to enable students to prepare a portfolio of artwork for entry to third level art and design colleges and to give expert support and guidance in making college choices.

Holders of this qualification take up places in Third Level Colleges and Institutes of Technology such as LSAD, NCAD, DIT, Crawford Art College, and Art Colleges abroad. Please check with the individual Admissions Offices of any institution you are interested in attending. Having completed this programme Participants may progress to the Advanced Certificate in Art and Business Course Level 6 at CMCO

### Some of the Links to Third Level Courses:

LC102 - First Year Art and Design L.I.T. (Level 8)

B.A. - Fine Art in Painting

L.I.T. (Level 8)

B.A. - Fine Art in Printmaking

L.I.T. (Level 8)

B.A. - Design in Fashion Design L.I.T. (Level 8)

### **Possible Employment Opportunities**

Sign Writer Photographer

Painter

Artist



### **eBusiness**

➤ Level 5 in National Qualifications Framework

### QQI Code: 5M0828

#### Duration

This one-year course is an ideal entry level qualification for all aspects of the growing tourism sector in Ireland. There is a large demand for people who are able to use technology in their position in a business and take advantage of the all the opportunities offered through eBusiness.

Graduates may pursue a diploma or degree in manu universities or IT colleges around the country or, alternatively, may seek immediate employment in a range of business or marketing concerns. There are now a large range of certificates, ordinary and honours degree courses available to graduates through the QQI Higher Education Links Scheme. The eBusiness option will allow students to progress to higher education institutes to pursue ebusiness, or marketing, or business information systems options.

### **Objectives**

- To enable students to find employment in the Information Communications Technology sector.
- To facilitate progression to Third Level. Students find this course invaluable as a preparation for College.

### **Entry requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.



#### **Course Content**

Typical Modules:

eBusiness

Web Authoring

The Internet

Communications

Work Experience

Digital Marketing

Accounting Manual and Computerised

Database Methods

Business Administration Skills

Marketing Practice

Emergency First Responder

Cardiac First Responder

Social Media

Start Your Own Business

Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification/ Certification

QQI Level 5 Certificate in eBusiness Studies

# Career / Academic Progression

On successful completion of eBusiness QQI Level 5, students can progress to

Business Administration Level 6 in this college.

The Higher Education Links
Scheme Facilitates progression
at Higher Certificate, Ordinary
and Honours Degree level in a
wide range of courses. Using
the Pilot Scheme, progression
is possible to 35 Third Level
Institutes in Ireland. Contact
Third level Colleges for specific
requirements.

### Waterford Institute of Technology

There are reserved places for CMCO students in:

WD003 HC in Business

WD159 Bachelor of Business

WD193 BA (H) in Marketing & Digital Media

WD172 HC in Arts in Culinary Arts

WD200 Bachelor of Arts (H)

WD019 BBus in Recreation & Sport Management

Possible Employment Opportunities

Office Administration, Business Administration, Cabin Crew, Receptionist

Cabin Crew

Administration with ICT, Receptionist with ICT.

### **Business Administration**

> Level 5 in National Qualifications Framework

#### **QQI Code: 5M2468**

#### Duration

One year full time

### **Objectives**

- To enable students to find employment in the modern computerised office, in Financial Institutions and Public Bodies
- To facilitate progression to Third Level. Students find this course invaluable as a preparation for College

### **Entry requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

### **Course Content**

Business Administration Skills

Accounting Manual and Computerised

Word Processing

Communication

Work Experience

Database Methods

Spreadsheet Methods

The Internet

Text Production

Digital Marketing

Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification / Certification

QQI Level 5 Certificate in Business Studies







### Career / Academic Progression

Award holders are qualified to work in a variety of settings including Business Administration, Accounts, Newspapers, Insurance Companies, Payroll, Marketing & E-business. Holders may progress to QQI Level 6, Advanced Business Administration course in Colaiste Mhuire Co - Ed. Institutes of Technology and other Colleges around the country will be offering opportunities for further studies. Please check with the individual Admissions Offices of any institution you are interested in attending.

# Waterford Institute of Technology

There are reserved places for CMCO students in:

WD003 HC in Business WD084 BA (H) in Accounting WD159 Bachelor of Business WD160 BA (H) in Finance & Investment

WD193 BA (H) in Marketing & Digital Media

WD013 HC in Arts in Legal Studies

WD140 LLB Bachelor of Laws (H)

WD148 BA (H) in Tourism & Marketing

WD150 BA (H) in Criminal Justice Studies

WD200 Bachelor of Arts (H)



### **Business Administration** Adult Return to Education

➤ Level 5 in National Qualifications Framework

### QQI Code: 5M2468

### Adult Return to Education Programme

Students over 21 years, make a very significant contribution to the centre. They are assured of a warm and friendly welcome.

### **Entry Requirements**

Students must have the necessary literacy competence and capacity to undertake the programme. Adults attend courses for their own personal development and achievement, to acquire new skills upgrade existing skills or indeed simply to form friendships.

Adults with appropriate life experience are also welcome.

#### **Course Content**

Business Administration Skills

Accounting Manual and Computerised

Word Processing

Communication

Work Experience

Database Methods

Spreadsheet Methods

The Internet

Text Production

Digital Marketing

Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification/ Certification

QQI Level 5 Certificate in Administration









# Career / Academic Progression

Using the Higher Education Links Scheme progression to a wide range of Third Level courses are possible. Employment prospects on course completion are increased.

On completion of QQI Level 5, students may enrol for

QQI Level 6 Advanced Business Administration in Coláiste Mhuire Co-Ed.

### Possible Employment Opportunities

Administration

Receptionist

Front office

### **Business and Tourism**

➤ QQLL evel 5 Certificate in Tourism with Business 5M5011

### **QQI Code: 5M5011**

#### **Duration of Course**

One year full time

### **Objectives**

- This is a 1 year full time course designed to equip students with a detailed understanding of the National and International Tourism and Travel Business.
- Participants will qualify with certification in Tourism/Business.

### **Entry Requirements**

Leaving Certificate, Leaving Certificate Applied or equivalent.

Adults with appropriate life experience are also welcome.

#### **Course Content**

Tourism Information and Administration

Tourism Principles and Practice

Communications

Customer Service

Work Experience

Word Processing

The Internet

Spreadsheets Methods

Qualification/Certificate

QQI Level 5 Certificate in Tourism with Business.

Modules may change due to QQI course requirements. Courses offered subject to demand.





# Career / Academic Progression

Examples of progression to Higher Education include:

Business with Office Technologies Level 6 Higher Certificate

Limerick Institute of Technology

Business (Thurles Campus)

Cork Institute of Technology

Business Administration Level 7 Degree



Waterford Institute of Technology

WD148 BA in Tourism and Marketing

WD091 BA in Hospitality Management

WD173 H. Cert in Hospitality Studies

WD174 H. Cert in Tourism

Tralee Institute of Technology

BA in Travel and Tourism Level

7 and 8.

### **Engineering Technology**

➤ Level 5 in National Qualifications Framework

### QQI Code: 5M2061

#### **Duration of course**

One year full time

### **Objectives**

This course is designed to meet the needs of a variety of students specifically;

- Students who wish to develop their maths, Engineering workshop, Computer Aided Drawing and ICT skills before entry to Third Level.
- Students who did not satisfy the entry requirements to third level engineering courses may gain entry through this level 5 course.

#### Maths

Access to Leaving Certificate

**Maths** classes may also be available.

## Career / Academic Progression

Learners who successfully complete the Engineering Technology Level 5 Major Award will have manu professional and academic opportunities available to them. Employment opportunities lie in the areas of Metal fabrication, welding and other related engineering sectors. Graduates of this engineering course may progress to other higher level education institutes to studu courses such as Mechanical. Structural, Civil, Electrical, and Electronic Engineering.







### **Course Content**

Engineering Workshop Processes

Communications

Work Experience

**Building Construction** 

Computer Aided Draughting (2D)

**Engineering Drawing** 

Business Administration Skills

Safety and Health at Work

Mathematics

Word Processing

Spreadsheet Methods

Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification/ Certification

QQI Level 5 Certificate in Engineering Technology.



### **Entry Requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

### Waterford Institute of Technology

There are reserved places for CMCO students in:

WD025 BSc (H) in Construction Management

WD040 HC in Building

Services

WD085 BEng (H) in Mechanical Manufacturing Engineering

WD094 BSc in Architectural Technology

WD139 BEng in Civil Engineering

WD162 BSc (H) in Quantity Surveying

WD171 BEng (H) in Sustainable Energy Engineering

WD182 BEng in Electrical Engineering

### **University Access Course - General Studies**

> Level 5 in National Qualifications Framework

### **QQI Code: 5M3114**

#### **Duration of course**

One year full time

### **Objectives**

This course is designed to meet the needs of a variety of students specifically;

- Support progression to 3rd level education
- Facilitate the learner to participate in and understand the disciplines of study, research and writing at 3rd level by developing critical research and inquiry skills
- Facilitate the learner to further develop his/her interpersonal, team working, problem solving and time management skills
- Provide the student with the knowledge and skills to use a range of common computer applications.

### **Entry Requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

# Career / Academic Progression

Graduates who achieve the required standard may progress to further studies in Institute of Technologies and Universities through the Higher Education Link Scheme. A limited number of places are reserved on a competitive basis on Ordinary Degree (Level 7) and Honours Degree (Level 8)





Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification/ Certification

QQI Level 5 certificate in General Studies.

programmes in third level colleges for students who succesfully complete a QQI level 5 course. Please refer to Progression Routes into Higher Education on www.qqi.ie.

#### **Course Content**

Research and Study Skills

Communications

**Customer Service** 

Work Experience

Spreadsheet Methods

Word Processing

The Internet

**Mathematics** 

Safety and Health at work

### Sports, Recreation and Excercise

➤ Level 5 in National Qualifications Framework

### QQI Code: 5M5146

#### Duration

One year full time

### **Objectives**

- To facilitate progression to QQI Level 6 and/or Third I evel.
- To enable students to find employment in the modern fitness and leisure industry.

### **Entry Requirements**

Leaving Certificate or equivalent.

Adults with appropriate life experience are also welcome.

### **Course Content**

Exercise and Fitness

Sport and Recreation Studies

Communications

Work Experience

Word Processing

Hurling Coaching

Basketball Coaching

Soccer Coaching

Safety and Health at Work

Sports Anatomy and Physiology

### Qualification / Certification

QQI Level 5 Certificate in Sport and Recreation

### Career / Academic Progression

Employment opportunities lie in the areas of fitness/sports coaching. Award holders may apply for a place on the Advanced Sport and Recreation Level 6 programme at CMCO. Institutes of Technology and









other Colleges around the country may be offering opportunities for further studies.

Please check with the individual Admissions Offices of any



institution you are interested in attending.

# Waterford Institute of Technology

There are reserved places for CMCO students in:

WD124 BA (H) in Health Promotion

WD125 BA (H) in Exercise & Health Studies

WD186 BSc (H) in Sports Coaching & Performance

**Employment Opportunities** 

Assistant Fitness Instructor

GAA Coach

Lifeguard

### **Administration**

> Level 6 in National Qualifications Framework

### **QQI Code: 6M5013**

### **Duration of Course**

One year full time

### **Objectives**

- To enable students to find employment in an administration and/or office environment.
- To facilitate progression to Third Level. Students find this course invaluable as a preparation for College.

### **Entry Requirements**

QQI Level 5 Certificate or equivalent

#### **Course Content**

Administration Practice Spreadsheet Work Practice

Web Authoring

Text Production

Communications

Word Processing

Finance

Train the Trainer

Work Experience

**Employment Law** 

Accounting Planning and Management

Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification/ Certification

QQI Level 6 Advanced
Certificate in Administration

### Career / Academic Progression

This course is designed to develop the existing skills of





learners who have completed a Level 5 course in one of the following areas: eBusiness, Information Processing or Business Administration. The course is designed to allow the learner to gain advanced knowledge and skills in the general area of office management. The learners will receive specialist training in Microsoft Office applications and Office Administration as well as developing speed and advanced accuracy in text production. In addition this course provides a range of core subjects which are essential to the understanding of Business and Office environments.

Graduates will be equipped with the knowledge, skill and competence to work independently or in a supervisory capacity in an administrative role, both nationally and internationally in any employment area.

Upon successful completion of this course, learners may be eligible to apply through the Higher Education Links Scheme for entry to a range of higher certificate and degree programmes at Institutes of Technology and Universities. Please check with the individual Admissions Offices of any institution you are interested in attending.

### Waterford Institute of Technology

There are reserved places for CMCO students in:

WD003 HC in Business

WD084 BA (H) in Accounting

WD159 Bachelor of Business

WD160 BA (H) in Finance & Investment

WD013 HC in Arts in Legal Studies

WD140 LLB Bachelor of Laws (H)

WD148 BA (H) in Tourism & Marketing

WD150 BA (H) in Criminal Justice Studies

WD200 Bachelor of Arts (H)

**Employment Opportunities** 

Office Administration

Public Science Administration Front Desk

### Art

➤ Level 6 in National Qualifications Framework

### **QQI Code: 6M4029**

#### **Duration of Course**

One year full time

### **Objectives**

- To enable students to find employment in an artistic environment.
- To facilitate progression to Third Level. Students find this course invaluable as a preparation for College.

### **Entry Requirements**

QQI Level 5 Certificate or equivalent

### **Course Content**

Painting

Drawing

Design Skills

Art Appreciation

Sculpture

Creative Application Ceramics

Printmaking

Work Experience

Communications

Train the Trainer

Modules may change due to QQI course requirements. Courses offered subject to demand.

### Qualification/ Certification

QQI Level 6 Advanced Certificate in Art.

# Career / Academic Progression

Students who want to take their skills in the area of practical art skills to a new level and work in various areas of art attend this





second year course to top up their original QQI Level 5 qualification. This is a one-year professional practice course in the area of art, craft and design. Students will work with a range of skills, focusing on a practical art skills, gaining employment in the art industry, or preparing for third level studies which can also include preparation of portfolio if required.

### Some of the Links to Third Level Courses

B.A. - Design in Product Design (Ceramics) (Level 8) L.I.T.

B.A. - Fine Art in Printmaking (Level 8) L.I.T.

B.A. - Fine Art in Painting (Level 8) L.I.T.

B.Des. - Industrial Design (Level 8) National College of Art and Design

B.A. - Visual Art (Level 8) W.I.T.





### **Employment Opportunities**

Gallery Assistant Scenic Artist Photographer



### Early Childhood care and Education

> Level 6 in National Qualifications Framework

### QQI Code: 6M2007

#### **Duration of Course**

One year full time

### **Objectives**

- To enable students to find employment in a supervisory capacity in a Childcare setting.
- To facilitate progression to Third Level. Students find this course invaluable as a preparation for Third Level.

### **Entry Requirements**

QQI Level 5 Certificate or equivalent.

#### **Course Content**

Child Development
Early Childhood Curriculum
Childhood Social Legal
and Health Studies
Work Experience
Communications
Supervision in Early
Childhood Care
Early Childhood Literacy
and Numeracy
Equality and Diversity
in Childcare
Special Needs Assisting
Child Psychology
Train the Trainer

Modules may change due

Courses offered subject

to demand.

to QQI course requirements.





### Qualification/ Certification

QQI Level 6 Advanced Certificate in Supervision in Childcare

# Career / Academic Progression

This Level 6 course will be an advanced course to suit participants with previous childcare training who wish to develop a career in childcare at the supervisory management level. On the successful completion of the award the student will have acquired the knowledge, skills and competence to work in an early childhood education and care setting. Skills acquired will provide the successful student with the ability to lead and coordinate a team in the provision of an early childhood care and education. This award will provide students with



opportunities to transfer and progress to programmes leading to higher education and training awards at level 7 and level 8. Possible career pathways following successful completion of this course:

Childcare practitioner in early years setting with possible progression to supervisory role.

Childcare Practitioner in community based projects.

### Waterford Institute of Technology

There are reserved places for CMCO students in:

WD018 BA in Applied Social Studies in Social Care.

WD149 BA (H) in Early Childhood Studies.

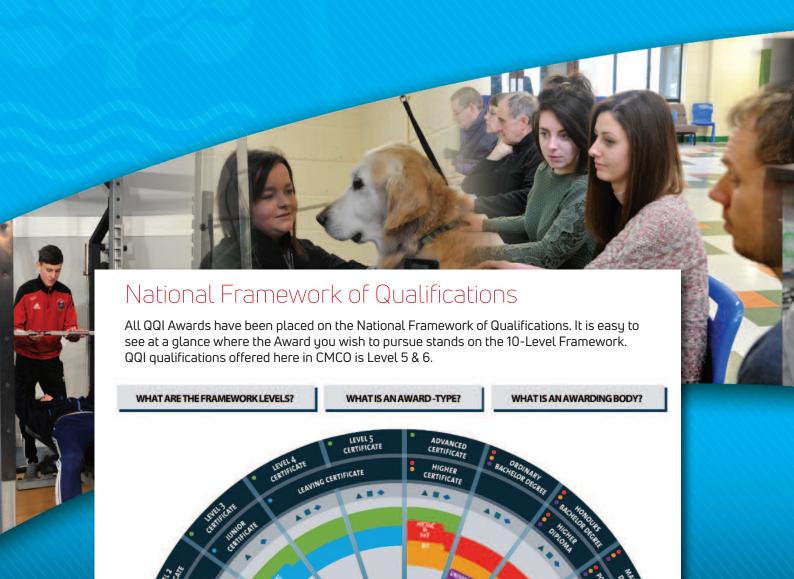
WD187 BA (H) in Social Science.

WD192 BA (H) in Social Care Practice.

WD200 Bachelor of Arts (H) WD188 BSc in Applied Health Care.

### Employment Opportunities

Pre-school centres, day nurseries in a supervisory capacity in crèches or childcare facilities.







### Coláiste Mhuire Co-Ed

10-LEVEL FRAMEWORK

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